

**GDC, Rajampeta, Annamayya Dt.**  
**Department of Zoology**  
**Activities 2025-26**

<b>1. Name of the Activity</b>	<b>World Diabetes Day - Rally &amp; Awareness programme on 'Diabetes'.</b>
<b>2. Name of the Lecturer</b>	<b>Dr. N. Chandra Mohan &amp; B. Sujatha</b>
<b>3. Date</b>	<b>14-11-2025</b>
<b>4. Number of students participated</b>	<b>15</b>
<b>5. Number of faculty involved</b>	<b>02</b>
<b>6. Aim &amp; Objectives –</b>	
<ul style="list-style-type: none"> <li>● <b>To aware the public about the causes and symptoms of Diabetes.</b></li> <li>● <b>To aware the public on the impact of nutritional food on the controlling of Diabetes.</b></li> <li>● <b>To aware the public about the importance of yoga and regular exercise to control the Diabetes.</b></li> <li>● <b>To provide the public about the Health impacts of Diabetes.</b></li> </ul>	
<b>7. <u>Brief Report :</u></b>	
<ul style="list-style-type: none"> <li>➤ World Diabetes day (WDD) is one of the largest diabetes awareness campaign organized every year on November 14, 1991. The day was chosen to coincide with the birthday of Sir Frederick Banting, who co-discovered insulin with Charles Best in 1921. Insulin transformed diabetes from a deadly illness to one that can be controlled. The International Diabetes Federation (IDF) and the World Health Organization (WHO) established WDD in response to growing concerns about the health and economic threat of diabetes. Diabetes is a disorder in which the body fails to process and utilize the glucose which is produced from the food we consume. There are mainly three types of diabetes mellitus - Type 1 diabetes, Type 2 diabetes and Gestational diabetes. Glucose is the leading source of energy in the body. Inefficient assimilation of glucose can hamper one's day-to-day activity, and unmanaged diabetes could lead to fatal complications like cardiovascular issues, nerve damage, kidney damage, foot damage, skin infections, erectile dysfunction, depression, dental problems and more. This year, 2025, the World Diabetes Day theme is "Diabetes across life stages".</li> <li>➤ The International Diabetes Federation (IDF) established World Diabetes Day in 1991 with the support of the World Health Organization (WHO). This is observed by on view of the Birthday of Sir Frederick G Banting, who invented Insulin. It became an official UN day in 2006.</li> <li>➤ To provide knowledge on Diabetes to the public Dept. Of Zoology has conducted “ a Rally and Awareness programme on 14-11-2025 on View of “World Diabetes Day” at Saraswathipuramu, Rajampeta.</li> <li>➤ Dr. N. Chandra Mohan &amp; B. Sujatha, Faculty of Zoology and students were participated in this programme.</li> </ul>	
<b><u>Programme outputs :</u></b>	
<ul style="list-style-type: none"> <li>➤ Public received more knowledge about Diabetes.</li> <li>➤ Public felt very happy about this programme.</li> <li>➤ Student got communication with the public.</li> </ul>	



Started journey to Saraswathipuramu, Rajampeta



vivo T4x

26mm f/1.8 1/343s ISO72 11/14/2025, 14:55

Rally



vivo T4x

26mm f/1.8 1/614s ISO72 11/14/2025, 14:57



vivo T4x

26mm f/1.8 1/123s ISO72 11/14/2025, 15:16



vivo T4x

26mm f/1.8 1/265s ISO72  
11/14/2025, 15:10

## Aware the public on Diabetes by Dr. Chandra Mohan, Lecturer in Zoology

Name of the Activity : Rally and Awareness Programme on "Diabetes"

Date : 14/11/2025

Class : I year Major Zoology

Number of students participated : 16

Organized by : Dept. of Zoology

S.No	Name of the student/Person	Class/Designation	Signature
1.	B. JATHARA	1 <sup>st</sup> year Zoology	B. JATHARA
2.	Y. Parvathi	1 <sup>st</sup> year Zoology	Y. Parvathi
3.	J. Aneekhya	1 <sup>st</sup> year Zoology	J. Aneekhya
4.	M. Smita	1 <sup>st</sup> year Zoology	M. Smita
5.	R. Divya	1 <sup>st</sup> year Zoology	R. Divya
6.	P. Madhu Lakshmi	1 <sup>st</sup> year Zoology	P. Madhu Lakshmi
7.	S. Sruithi Priya	1 <sup>st</sup> year Zoology	S. Sruithi Priya
8.	M. Ananthakrishna	1 <sup>st</sup> year Zoology	M. Ananthakrishna
9.	K. Anvitha	1 <sup>st</sup> year Zoology	K. Anvitha
10.	A. Anvitha	1 <sup>st</sup> year Zoology	A. Anvitha
11.	M. Sai Chandra Nain	1 <sup>st</sup> year Zoology	M. Sai Chandra Nain
12.	C. Venkata Sai	1 <sup>st</sup> year Zoology	C. Venkata Sai
13.	S. Smita	1 <sup>st</sup> year Zoology	S. Smita
14.	A. Divya	1 <sup>st</sup> year Zoology	A. Divya
15.	K. Haritha	1 <sup>st</sup> year Zoology	K. Haritha
16.	K. Bhavani	1 <sup>st</sup> year Zoology	K. Bhavani

Sign. Of the lecturer-

Dr. N. Chandra Mohan